



# FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF  
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

*Preserve, Protect & Promote*

September 2020

Volume 11 Issue 9



**“REALLY, THE MOST VALUABLE THING THAT A  
THETAN POSSESSES IS HIS SPIRIT OF PLAY.”**

**L. Ron Hubbard**

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## NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

*Preserve, Protect & Promote*

**FREE THETAN**  
**Volume 11 Issue 9 September 2020**

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### Important

**In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.**

**The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.**

**Trying to read past a misunderstood word results in mental “fogginess” and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.**

~o0o~

<p><b>The FREE THETA</b></p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect &amp; Promote</i> <a href="http://independent-scientologists-association.net">http://independent-scientologists-association.net</a></p>	
		<p>reservo, servo, proveho</p>

~ *Editorial* ~



reservo, servo, proveho

**Dear Reader,**

The basics of Scientology can always bear repeating. As LRH has said, “Number of times over the material equals certainty of results.” or words to that effect.

Sometimes when faced with a difficulty it can be resolved simply by going back to the basics and looking at how they can be applied.

Much of the material in this issue therefore concerns the basics and how one can apply them.

Do enjoy!

Until next time.

Michael Moore  
Editor

~oo00oo~

## *The Aims of Scientology and APIS*

*Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.*

*We therefore stated below:*

### **The Aims of APIS**

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and help-

ing others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

### **As Ron says:**

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

## CERTIFIED AUDITORS & GROUPS

**This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.**

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

### Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.  
[standardtechauditor@yahoo.ca](mailto:standardtechauditor@yahoo.ca)

### USA

Southern Cal tech Team

**Standard LRH Bridge**

Training, Auditing & C/Sing Specializing in OT and NOTs levels

[scttservices@gmail.com](mailto:scttservices@gmail.com)

### Los Angeles, California

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

[info@adcian@yahoo.com](mailto:info@adcian@yahoo.com)

Ingrid Smith

From Life repair to OT4

[ingridsmith123@yahoo.com](mailto:ingridsmith123@yahoo.com)

### Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken\\_Urquharturq@verizon.net](mailto:Ken_Urquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo0oo~



## Wins and Successes in the Scientology Independent Field

### Auditing Cycles

I have just completed some auditing cycles. I had been stuck on the Bridge for 20 years and thanks to the Free Zone I have been able to get going again. I'm here to get my CCRD and have had some repairs done and this success story is about just that.

The gains I have received have been enormous. In fact, I have not felt this exterior for such a long time. My space has become wide open and I have had many, many considerations on various dynamics just vanish. My confront has come back up and I have just realized how great life really is. I can go back and confront the things that I couldn't and have more certainty over my dynamics.

My next action is CCRD which we will be starting today, so watch this space....

Enormous thanks to Chris (CLVIII) for his 100% Standard Tech delivery and of course to Ron for making this tech available.

### Auditing Method One

It is great fun to audit someone through their M/U's on subjects they have studied. Right before your eyes a beautiful literate thetan regains the ability to understand using the concepts of our current Earth language. Words are easy, smoother and the person gets certainty that they REALLY KNOW! Now that's a whole lotta fun to audit!

### CLEAR

Today I attested to the state of Clear. It has been a magnificent experience with many, many



cognitions along the way. Thanks to Chris (CLVIII) I know I have reached Clear with the application of Standard Tech, the way LRH developed it.

It has taken 20 years to get back onto the Bridge and thanks to the Free Zone I have been able to get going again.

The gains over the last few days have been enormous. My space has been blown wide open, life and the MEST universe has absolute clarity and I have complete cause over it. My postulates have no doubt. My track has opened up and I feel very, very happy.

I'm now going to go out in life and enjoy these wins...

For those who have been stuck, get back going up the Bridge. Talk to Chris, he is a great guy and a world-class auditor. He will find stuff you never thought you would find..!

Investing so much to allow us to go free.

### **Sunshine Rundown**

Today I completed the Sunshine Rundown. I feel GREAT...!

What a fantastic next cycle to the CCRD. Opens up space even more. I'm in it, but have control over it...!

### **Repair Program**

It was a thrill to hear the words "this is the session" after 28 years - and so started my repair program.

The wins were amazing. The auditing superb. Even had my first floating TA that was acknowledged.

Things of importance to me got sorted out. Areas that had been sticking points are now cleaned up. I'll be vague, as these were personal things, and this will be posted widely. Suffice it to say that a lot of attention was freed up and some mysteries solved.

It was not requested that I write a success story - this was something I wanted to do. Different, huh?

I'm very fortunate to be audited by Chris, an experienced Class VIII- the expertise is so obvious- and to receive, as one of the actions, a list developed by Class XII Pierre handling charge on being in Scn or staff itself.

As many know, my personal experiences on staff in the 70s were mostly good- but the other flows sure were sticking points. Not too surprising given the circumstances.

I can see that if only the people on the lists and forums, with all the gripes about what "happened" to them, had the opportunity to receive such a repair - it would handle so much for them and go far to clean up the field itself. This aligns strongly with purposes

of mine and brings forth some ideas I wish to pursue regarding making this happen for others. Onward with the advance program.

A huge thanks to Chris and Pierre, and, of course, LRH for making this possible for all of us.

### **L12**

Another success, as I sort out some of these things, and organize what wins were from what. L12 was a fantastic action. I can't really tell you what exactly the wins were, as during it quite a bit of stuff blew, and probably at the time I could have given you a cog, but now nothing re-

mains. I suppose, at the end was one major win, and that was Clear across all 8 dynamics.

The clear state of clear on the first dynamic was something incredible, and of course it changed me forever, or rather put me back to a condition before I operated in a stimulus response condition unknowingly.

This rundown produced the same effect, but across all of the dynamics.

Certainty and unshakability as a being, with the ability to handle my own universe. Definitely, and again as always, quite an understatement. Running off various characters with the tech of the level once and for all completely put me in my own valence. Forever.

I saw clearly who I was in this game of 8 dynamics, and all the stimulus response toward any dynamic, any beingness that was not me was gone. So of course, I had to be clear on all 8 dynamics.

Since everyone wants some sort of a tangible reality on abilities gained, I can tell you that I suddenly could communicate with ants, and tell them to do something, and they would do it. As well birds coming around and singing for me, of trees, flowers and grass talking to me. Most importantly it was two way communication.

Lol. Quite a state. Certainty of own universe. Old OT5 and 6 handled that to a very large degree, but this was the final icing on the cake.

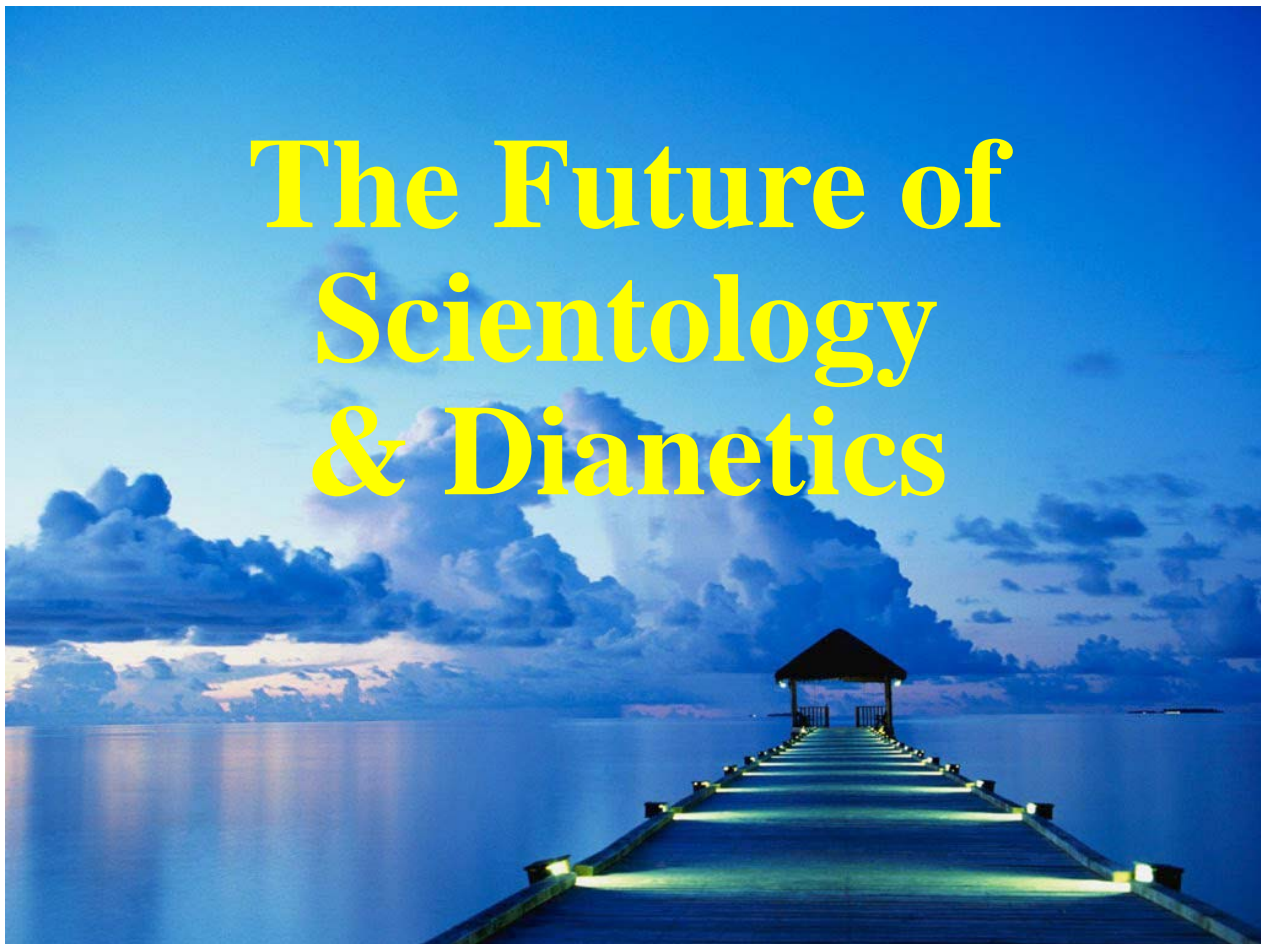
Again, thanks to LRH for developing the tech, and thanks to Pierre for sorting it out for me, and ending cycle on any doubt about it forever.

~oo00oo~

	<b>A TRIBUTE TO MARY SUE HUBBARD</b>	
<i>Wife of L. Ron Hubbard</i>		
<i>Remembered with Respect and Honor</i>		

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# The Future of Scientology & Dianetics

*"There is a basic rule that a psychotic person is concerned with the past; a neurotic person is barely able to keep up with the present; and a sane person is concerned with the future."  
SCIENTOLOGY: A NEW SLANT ON LIFE By L. Ron Hubbard*

It is no accident that low on the tone scale the concern is with the past, midway with the present and at further up the tone scale one's concern is with putting a future there.

This does not mean that one should ignore the past and this is the choice a free Scientologist has. He or she can be concerned with the past, operating on a day to day basis right now or busy mocking up and creating the future.

However, although it can be fruitful under certain circumstances to look at the past, such as in auditing for example,, one must keep in mind the past cannot be changed into something different. Of course one can as-is the past, make the effects of it disappear if viewed thoroughly enough. One can remove any trauma that might be associated with past events. But one cannot change the past events to different events. The present is the moment here and now. It is the operational tool to change what is and what can be or will be. It is the demonstration of change and the future is what can be changed.

Everyone develops a goal when they first cognite on or realise the value of Scientology. Whether it is to become an auditor or to get up to OT or to train on the SHSBC or just to enjoy a more fulfilling life. What happens to these goals? Where do they go? How many people actually achieve their goals? How many goals are sidelined, thwarted or even stopped, in favor of 'some other, more important' goal fostered off on the individual? And what can an individual do about it?

An individual can rail against it of course. He can complain and point, "Look what happened to me!" He can continue to expose the existing church for what we all know it to be. And of course it is right that such abuses be brought out into the light.

He can continue to look into the past and remember past events and past goals long gone. He can even decide to continue to put the past into the future. Or, he can take a different tack, and look to the future instead for a change.

This does not detract from the vitally important work being done to expose the existing conditions and violations currently being fostered by the COB (Chairman of the Board) in the Church or the perversions of the original philosophy and technology of application, that continue to occur. Such matters need to be brought, not only to light, but addressed. This is part of creating a change in our environment and protecting the technology. Have you noticed? There is something about the future that is not generally noticed very much. It is always there. It does not go away. And then, there is an awful lot of it. It just goes on and on. It just never ends.

It is like an endless bank account. You can use it up, you can waste it, you can do all sorts of things with it, and it just continues to be there. It is the epitome of infinity. Like a big empty space you can put things in. And never fill up.

And we all have a future. What it is depends solely on what we put into it. Why not put something you like into it, such as a previous goal that you have always wanted, for example?

### **The future of Scientology and Dianetics is in our hands.**

The Church is the past, the field is the future. Almost all the Scientologists that assisted Ron during his tenure are in the field. Those few still left in the church are likely to leave as soon as the opportunity presents itself. Of those that are 'out' not all stay on track, some diverge to other areas, other technologies and even alter the technology and create their own.

It is vital therefore that we ensure we adhere to the original technology as laid out by Ron in order to ensure its preservation over the coming millennia.

Basically we have the tools. The basic principles upon which Scientology is based, the philosophy if you like, and the applied technology to rehabilitate a being up the tone and awareness levels and regain his or her former dignity, freedom and integrity.

*"It is impossible to reduce ability. About the only things you can do is reduce its exercise or the willingness to exercise it."*

*CONTROL AND THE MECHANICS OF S.C.S. by L. Ron Hubbard*

We have the tools and the expertise. It does not matter where one is in terms of knowledge and experience. There is a level from which anyone can start. Gradients are available and one can move further from the point of an experienced classed auditor on the first and third dynamics or from a new person just starting out and looking to do a communicates or extension course. As LRH has said, Scientology is for everyone and no one needs to be left out. For some it is a longer road than others. But the road is still there. We need to ensure it stays there and is not barred or destroyed.

*"When you diverge from a constructive purpose to "stop attacks", the purpose has been abandoned. You get a stop. The real way to stop attacks is to widen one's zone of responsibility. And pour the coal on the purpose. Thus all attacks one makes should be in THE DIRECTION OF ENLARGING ONE'S SCOPE AND AUGMENTING BASIC PURPOSE."*

*HCO PL OT Orgs by L. Ron Hubbard*

The secret is making more and more auditors, educating more and more people into the basic principles that form Scientology and more and more people are booted up the bridge to more freedom. It is impossible to have too many beings up the bridge to more awareness. There are no limits. No absolutes.

*"In life, the only real guarantee of survival is abundance."*

*SELF ANALYSIS by L. Ron Hubbard*

This takes work, it takes organisation and dedication. Hanging out one's own shingle is fine for an individual but not for a philosophy. Yes the philosophy needs the support of the individuals and their agreement and this is manifest in coordinated support, a number of people doing a number of jobs to ensure persistence. An organisation is composed of lines and terminals. Not one terminal alone. LRH Recognised that. He knew he could not singlehandedly export Scientology to the world. It takes an organisation.

*"Without order, nothing can grow or expand."*

*SCIENTOLOGY BASIC STAFF HAT BOOK By L. Ron Hubbard*

Yes the only way we will make any headway is by training hundreds of thousands of people. Literally hundreds of thousands. The church is a lost cause and having a couple of tiny groups dotted here and there on the landscape is not going to do it. Scientology could quite well disappear over the next 100 years. Having groups who will die off during the next 40 to 50 years is not enough. Something that we all get a turn at is dropping the body. The point is, will there be replacements? Will groups continue to burn brightly or will they burn out due to lack of foresight and persistence? Just having a few groups comfortably auditing a few people here

and there is eventually going to get swallowed up in time. It is going to take a lot more than that.

Most groups take what I call a singular one dimension view. They are going ok and are happy to continue like that.

For Scientology to survive it is going to take organisation, third dynamic activity. LRH introduced all that was needed. If only it could be applied. The deputy system to ensure continuity. Lots of branches of the church. LRH set up the church with the idea in mind it would provide a space for auditors to be made. There were heaps of expansion and div six programs geared to assist this to happen. It could have worked as well. It still is a tremendous resource given a change in leadership. Yes it would take a long time to repair the damage but hey, good intentions and with the purposes in line, stops would be blown out of the water. Ref OT Orgs PL. It works like magic.

And, there are over 6 billion people on this planet. That is a lot of people How many clears and OTs are there on this planet? Less than .0000001 percent. How many will it take to make a difference? I honestly do not know. How much to raise the tone level of a planet dramatising the forth dynamic engram and stuck in apathy and war?

### **Solution?**

A saving grace and way out of this is that this universe is a universe of plenty. Survival depends on plenty. Seeds of flora and fauna are created in great abundance just to ensure a few survive. Check out some of the natural documentaries. The universe itself is vast. Humungous. Heaps of space and suns and planets and so forth. Billions. Much more than is needed for all life in this universe. And life is in abundance also. Abundance is the answer. We need not just a few groups like islands in the ocean. We need oceans of groups in a small sea. An abundance of groups as not all will make it but to ensure the survival of the technology we need hundreds if not thousands of groups spreading the technology around. Hundreds of resources of tech spread around. so it is never lost.

I don't know if LRH has gone to another planet to sow more seeds, and then another and then another or not. I often wonder. I would not put it past him to realise that one seed planets may not 'take' and others will be needed. Perhaps Earth was not the first. Who knows? We can enjoy coffee and speculate all day. But he did say this when he was here, that this planet had the answer and the answer was no where else in the universe at the time, and that last sentence of KSW rings in my mind.

What if this planet IS the only chance man has? Can we afford not to consider that?

Our future depends on what we do here and now with scientology. We cannot depend on the church, or LRH spreading the technology elsewhere. We have to depend on ourselves if we want a future. After all it IS our future.

It also takes a viewpoint that the future is there and that it belongs to us and it is something we can do something about and it takes a attitude of create. The future is what we create it.

Create a poor future and we will have a poor future. Create no future and we will have no future. Create a good future and we will have a good future. Whether you are 6, 16, 26, 66 or 106 you HAVE a future. So what is a GOOD future?

I believe that most people would like to have a future where it is safe to come back. Where there is sanity and peace on earth. Where children are taught to be responsible for themselves and to select a code of ethics and stick by it.

I believe that most people would like to have a world in which there is no longer the vested interest in war and conflict because people are educated enough and higher toned enough not to desire such things in order to feel safe and enjoy life.

I believe that most people would like to have a world in which all of us, as humanity, are high toned enough to be responsible for the environment. Where we care for the other dynamics just as much as we care for our own.


I believe that most people would like to have a world in which there are higher motivations than power and money. Such motivations might be duty and caring for others.

I believe that most people would like a future where we can all BE. Where going clear and OT is a common enough thing and where the bridge is an accepted fact and people are progressing steadily along it.

### **But how do we get such a future?**

Although it may require a lot of work, as the counter intention to such a world is high and visibly in charge it would seem, it is not as difficult as it might appear. The heavy drape or curtain is held by small, much lighter rings. Remove the rings and the drape falls away. The 'heaviness' of the world's problems and issues is held simply by the intentions of a few beings with which others are in agreement through ignorance and apathy driven by past experiences and little education in the realities of life.

### **So how can we change this?**

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		<p>reservo, servo, proveho</p>

**Agreement.** The more agreement there is the more real something becomes. The MEST universe, for example, has more agreement than you can throw a stick at and it is certainly persisting and is more real to most people than their own beingness. The current agreement for the future for this planet is not of the best. It currently lies in irresponsibility and not-is-ness. The reality of an individual's beingness is being buried in the enforced reality of MEST.

The lower down the tone scale an individual is the less real the upper levels of the tone scale are going to be for that individual. The further down he goes the less future he mocks up expecting it to be done for him. Who do you want mocking up your future?

He has to be dug out.

While the culture is driving him down the tone scale to spectatorism and a no responsibility case, we have to, somehow, insert a wedge into a crack in that culture to let some light in and to show that there is something else available.

Agreement first as to what future is wanted is a first step. How far into the future are we willing to mock up? 5 years? 10 years? 50 years? 1,000 years?

Is the future we want as described above in the first few paragraphs of this article?

If so some agreement is needed to put it there. The more agreement we have the more real that future will become real. How do we advance this agreement?

It was once said, the way to eat an elephant is one bite at a time. Of course we don't propose you eat an elephant but the principle is sound. How did Dianetics and Scientology expand so much in the very early days? People bought the book *Dianetics: The Modern Science of Mental Health*, and started using it. Small groups formed up and people started running engrams on each other.

So how do we do this today?

A grass roots movement. Setting up a small group. Does not have to be large or massive two or three people to start with.

LRH said,

*"People don't bite. Ask them over to a sociable evening to discuss forming a mental health group. When they get there, don't ask them to join. Just elect them as officers. Get them to agree on future meetings and the programs. Assume they want to know more about Scientology. Explain Scientology offhandedly as though it's sort of strange they don't know and get on with group organization and business. Don't run Decisional Processing on them. Assume they've decided and lo! You've got a group."*

People are happy these days, even more so, to have someone tell them what to do.

*"Groups fail to form in absence of purpose. People fail to join in absence of purpose they can understand. Mock up the purpose. Invite in the people. Form up a program around the purpose and away you go.*

*If you don't have one, it's because you've been trying to explain Scientology to people and so get them to join. Just get them to join and let Scientology soak in.*

*A group is fun.*

*A group is communication.*

*A group is society."*

In sales one is told to sell the sizzle, not the steak. People are now at a point where they expect sensation, where they are spectators and a culture where 'it is all done for them'. Utilize that.

1. Entice them to look, the sizzle not the steak remember? The Dissemination Formula is still an excellent entrance point for face to face meetings.

2. Educate them. In small bites perhaps. Small datum that can be assimilated and is on their reality level. Do some TRs or clear an engram.

3. Offer some hope of beingness. Demonstrate and show they can be causative.

4. For existing scientologists, showing an enlightening comparison between the on source groups in the Field and the changed altered original texts by Ron Hubbard is another. So why should we do this? Who cares about other people? As long as we are ok and have gone free what difference does it make?

It makes all the difference in the world. We have all heard the phrase, "No man is an island." All this means is that there is more than one dynamic. Any individual who is only first dynamic orientated is going to end up in trouble. The dynamic of life is split into eight parts. Only operating on one eight of the dynamic of life, is going to result in a reduced ability to survive well as only one eighth of survival is being attended to. And we don't want that do we?

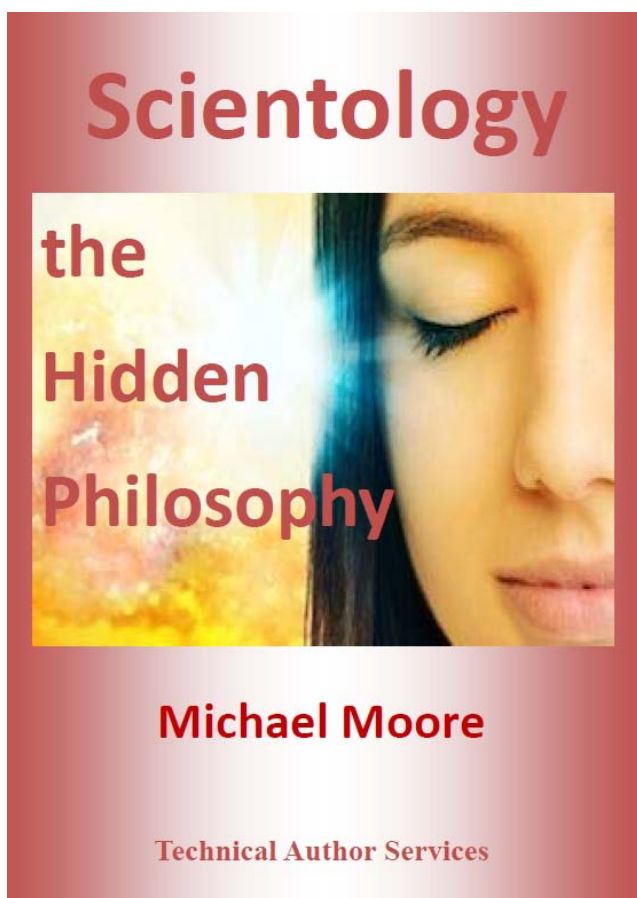
So lets start looking at the future. Ask yourself the question. What do you want to be there in 10, 15, 20 years time?

*"AN INDIVIDUAL IS AS HAPPY AS HE CAN PERCEIVE SURVIVAL POTENTIALS IN THE FUTURE."*  
Axiom 166 The Axioms of Dianetics.

Let's postulate and perceive some survival potentials for the future.

~oo00oo~





# Scientology The Hidden Philosophy

Everything you always wanted to know about Scientology.

Many people have misconceptions about Scientology, what it is and does.

It does not make a person good or bad or crazy or powerful. Morally superior or inferior. It simply opens up the ability to be oneself.

As Ron Hubbard has said himself, Your potentialities are a great deal better than anyone ever permitted you to believe.

—SELF ANALYSIS

Just a few of the subjects covered include:

## What is Scientology ?

Lafayette Ron Hubbard

Mary Sue Hubbard

The Philosophy of Dianetics and Scientology

Dianetics

Scientology

Scientology: the Hidden Philosophy

Basic Principles of Scientology

Using the Basics

Dynamics

ARC Triangle

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Know to Mystery Scale

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~oo0oo~



## TWO RULES FOR HAPPY LIVING

By L. Ron Hubbard

1. *Be able to experience anything.*
2. *Cause only those things which others can experience easily.*

Man has had many golden rules. The Buddhist rule of “Do unto others as you would have these others do unto you” has been repeated often in other religions. But such golden rules, while they served to advance man above the animal, resulted in no sure sanity, success, or happiness. Such a golden rule gives only the cause point or at best, the reflexive effect point. This is a self-done-to-self thing, and tends to put all on obsessive cause. It gives no thought to what one does about the things done to one by others not so

indoctrinated.

How does one handle the evil things done to him?

It is not told in the Buddhist rule. Many random answers resulted. Amongst them are the answers of Christian Science (effects on self don't exist), the answers of early Christians (become a martyr), the answers of Christian ministers (condemn all sin). Such answers to effects created on one bring about a somewhat less than sane state of mind—to say nothing of unhappiness.

After one's house has burned down and the family cremated, it is no great consolation to (1) pretend it didn't happen, (2) liken oneself to Job, or (3) condemn all arsonists.

So long as one fears or suffers from the effect of violence, one will have violence against him. When one *can* experience exactly what is being done to one, ah, magic—it does not happen!

How to be happy in this universe is a problem few prophets or sages have dared to contemplate directly. We find them “handling” the problem of happiness by assuring us that man is doomed to suffering. They seek not to tell us how to be happy, but how to endure being unhappy. Such casual assumption of the impossibility of happiness has led us to ignore any real examination of ways to be happy. Thus, we have floundered forward toward a negative goal—get rid of all the unhappiness on Earth and one would have a livable Earth. If one seeks to get rid of something continually, one admits continually that he cannot confront it—and thus everyone went down hill. Life became a dwindling spiral of *more* things we could not confront. And thus, we went toward blindness and unhappiness.

To be happy, one must be *able* to confront, which is to say, experience, those things that are. Unhappiness is only this: the inability to confront that which is.

Hence, ( 1 ) *Be able to experience anything.*

The effect side of life deserves great consideration. The self-caused side also deserves examination.

To create only those effects which others could easily experience gives us a clean new rule of living. For, if one does this, then what might he do that he must withhold from others?

There is no reason to withhold his own actions or regret them (same thing), if one's own ac-

tions are easily experienced by others.

This is a sweeping test (and definition) of good conduct—to do only those things which others can experience.

If you examine your life, you will find you are bothered only by those actions a person did which others were not able to receive. Hence, a person's life can become a hodge-podge of violence withheld, which pulls in, then, the violence others caused.

The more actions a person emanated which could not be experienced by others, the worse a person's life became. Recognizing that he was bad cause or that there were too many bad causes already, a person ceased causing things—an unhappy state of being.

Pain, misemotion, unconsciousness, insanity, all result from causing things others could not experience easily. The reach-withhold phenomenon is the basis of all these things.

When one sought to reach in such a way as to make it impossible for another to experience, one did not reach, then, did he? To “reach” with a gun against a person who is unwilling to be shot is not to reach the person, but a protest. All *bad* reaches never reached. So there was no communication, and the end result was a withhold by the person reaching. This reach-withhold became at last an inability to reach—therefore, low communication, low reality, lower affinity.

Communication is time environment or situation.

One means of reaching others. So, if one is unable to reach, one's ability to communicate will be low; and one's reality will be low, because if one is unable to communicate, he won't really get to know about others; and with knowing little or nothing about others, one doesn't have any feeling about them either, thus one's affinity will be low.

Affinity, reality and communication work together; and if one of these three is high, the other two will be also; but if one is low, so will the others be low.

All bad acts, then, are those acts which cannot be easily experienced at the target end.

On this definition, let us review our own “bad acts”. Which ones were bad? Only those that could not be easily experienced by another were bad. Thus, which of society's favorite bad acts are bad? Acts of real violence resulting in pain, unconsciousness, insanity and heavy loss could, at this time, be considered bad. Well, what other acts of yours do you consider “bad”?

The things which you have done which you could not easily, yourself, experience, were bad.

But the things which you have done which you, yourself, could have experienced, had they been done to you, were *not* bad. That certainly changes one's view of things!

There is no need to lead a violent life just to prove one can experience. The idea is not *to prove* one can experience, but to regain the *ability* to experience. Thus, today, we have two golden rules for happiness:

1. Be able to experience anything;

and

2. Cause only those things which others are able to experience easily.

Your reaction to these tells you how far you have yet to go.

And if you achieve these two golden rules, you would be one of the happiest and most successful people in this universe, for who could rule you with evil?

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## WHAT IS THE BASIC MYSTERY?

By L. Ron Hubbard

In the general study of the world and its affairs, we find out that the only way you can make a slave—as if anybody would want one—would be to develop a tremendous amount of mystery about what it's all about and then develop an overwhelming charge on the mystery line. Not only develop a mystery, but then sell it real good; sell some bogus answer to the mystery. Man is so used to this that, when you come along and put a perfectly good answer in his hands, why, he drops it like a hot potato, because he knows what all answers are: All answers are carefully derived from mysteries with bogus answers, and all mysteries are going to cost you something sooner or later.

The development of the mystery itself stems from interpersonal relationships and Man's general conflict with his fellows and his environment, and so on. And the basic mystery is— who is he? There's no more basic mystery than that—"who is that fellow over there?" That is the beginning of individuation, of, not individualism, but individuation, of pulling back from everybody and saying, "I am me and they are 'them', and God knows what they're up to!"

And then, after a while, the fellow takes it out of the realm of near blasphemy and puts it into worship. And he says, "Well, God knows what they're up to and he will protect me."

So what do we basically have? We basically have a mystery on who the other fellow is.

Now "science" originally meant truth, and now it means research revenue. Science has so far abandoned the basic mystery, that they think there's a mystery on what is a floor, what is a ceiling, what is space. That is really a very cooked-up mystery—because that floor and that ceiling and that space is what thee and me agreed to put there, and that's about all it is.

Wherever we have a mystery, we normally have had a disagreement or a misunderstanding or an out-of-communication-ness. And that's all there actually is to it,

basically. A fellow had to disagree with whom he was looking at. He knew about it originally and he didn't want to know who that fellow was over there. He didn't want to know anything about the situation, because he had learned a lesson: If he communicated with it, he would be proved wrong!

So we had some people in our midst—you amongst them—who would put up a "this" and say it was a "that". And then you would get these things twisted somehow or another, and you'd say, "Why don't you communicate with *this*?" and then say, "You communicated with *that*." After a while a fellow says, "Aw, I don't want to communicate with either one of them.

Dickens with it. Who cares what those things are—I don't want to know." And after that, he'd had it. He said, "I don't want to know," and therefore he had a mystery sitting across from him someplace. And he went so far along this line of not wanting to know that after a while he conceived that he didn't know. And then he went from there and said it's impossible to know.

Wherever Man finds himself deeply instilled, engrossed, surrounded with mystery, he is actually in conflict with himself and himself alone. That is why processing works. **THE ONLY ABERRATION IS DENIAL OF SELF.** Nobody else can do anything to you, but YOU. That is a horrible state of affairs. You can do something to you, but it requires your postulate, your agreement or your disagreement, before anything can happen to you. People have to agree to be ill; they have to agree to be stupid; they have to agree to be in mystery.

People are the victims of their own flinch. They are the victims of their own postulates, the victims of their own belief that they are inadequate.

An individual has to postulate into existence his own aberration, his own flinch, his own stupidity, his own lack of confidence, and his own bad luck.

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JOURNAL OF THE INTERNATIONAL FREEZONE ASSOCIATION  
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July 2006 Volume 2 Issue

*Freedom*

Faced on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

— SCIENTOLOGY: A NEW SLANT ON LIFE  
L. Ron Hubbard

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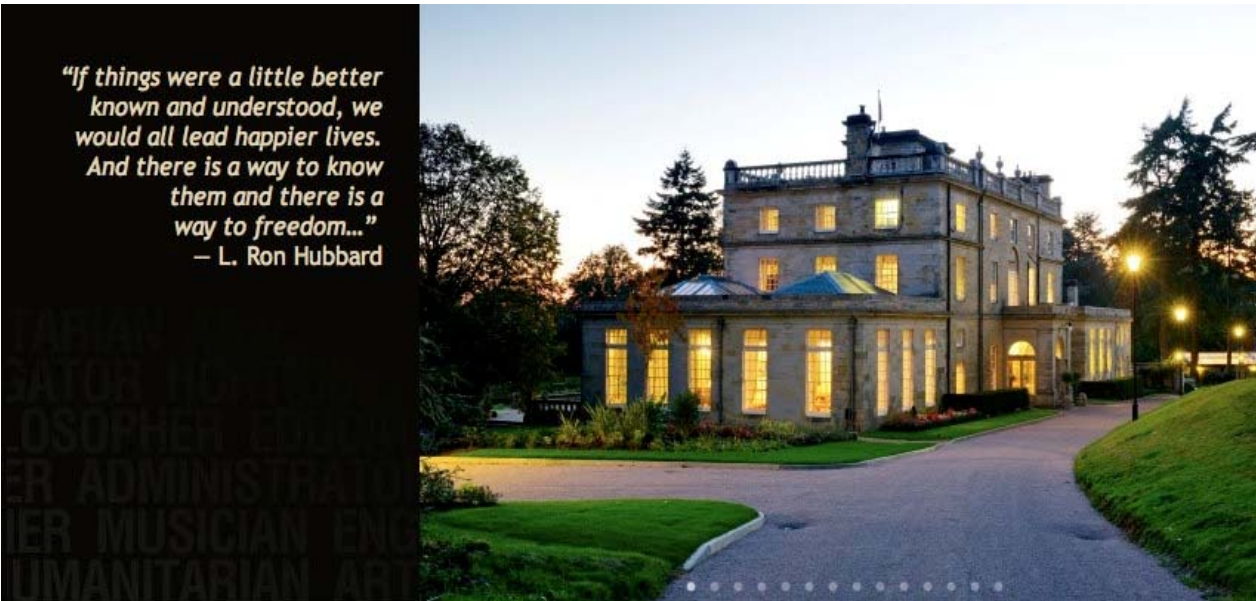
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Jan 2007 Volume 3 Issue 1

*"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"*

SCIENTOLOGY 8 8008  
Layfayette Ron Hubbard







## A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

### Exercises One, Two and Three

#### Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

#### Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

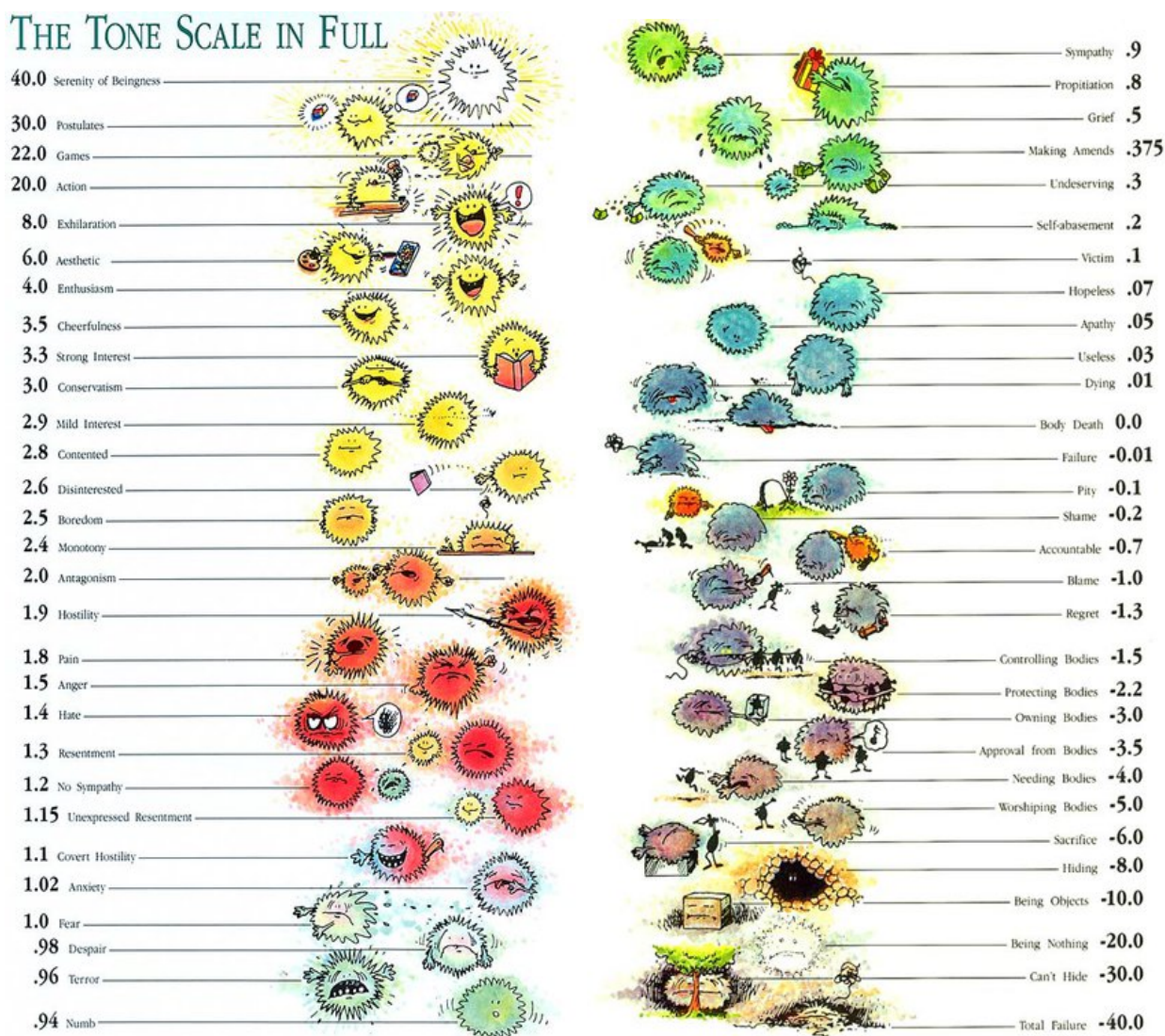
Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

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# The Tone Scale in Full



## The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

## PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself  
And when you lose that you have lost everything.

What is personal integrity?  
Personal integrity is knowing what you know-  
What you know is what you know-  
And to have the courage to know and say what you have observed.  
And that is integrity  
And there is no other integrity.

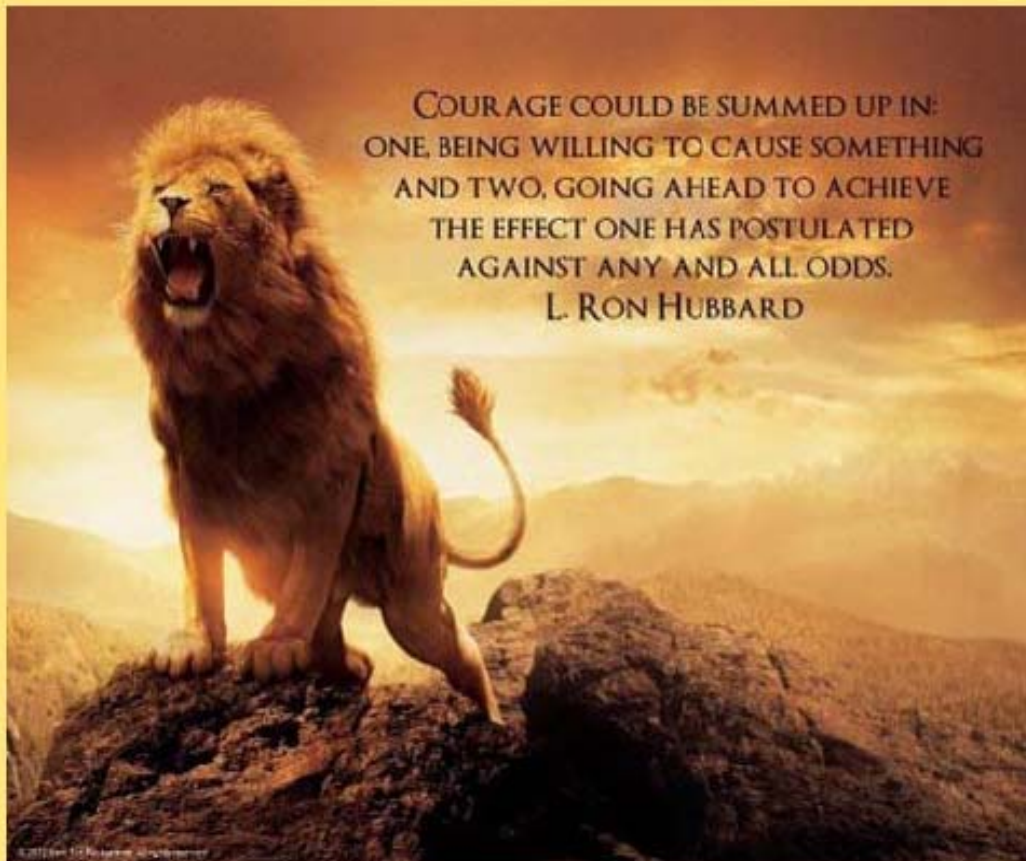
Of course we can talk about honor, truth, all these things,  
The esoteric terms.  
But I think they'd all be covered very well  
If what we really observed was what we observed,  
That we took care to observe what we were observing,  
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,  
A critical attitude or an open mind.  
But certainly maintaining sufficient personal integrity  
And sufficient personal belief and confidence in self  
And courage that we can observe what we observe  
And say what we have observed.

Nothing in Dianetics and Scientology is true for you  
Unless you have observed it  
And it is true according to your observation.  
That is all.

L. Ron Hubbard  
Founder

# Group Starter Kit for Scientologists



## A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

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## Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State**  
**Not Know**  
**Know About**  
**Look**  
**Emotion**  
**Effort**  
**Think**  
**Symbols**  
**Eat**  
**Sex**  
**Mystery**  
**Wait**  
**Unconscious**



***Quote from  
L. Ron Hubbard***

## **THE CODE OF HONOUR**

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.



## Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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association.net](http://independent-scientologists-association.net)**

# Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

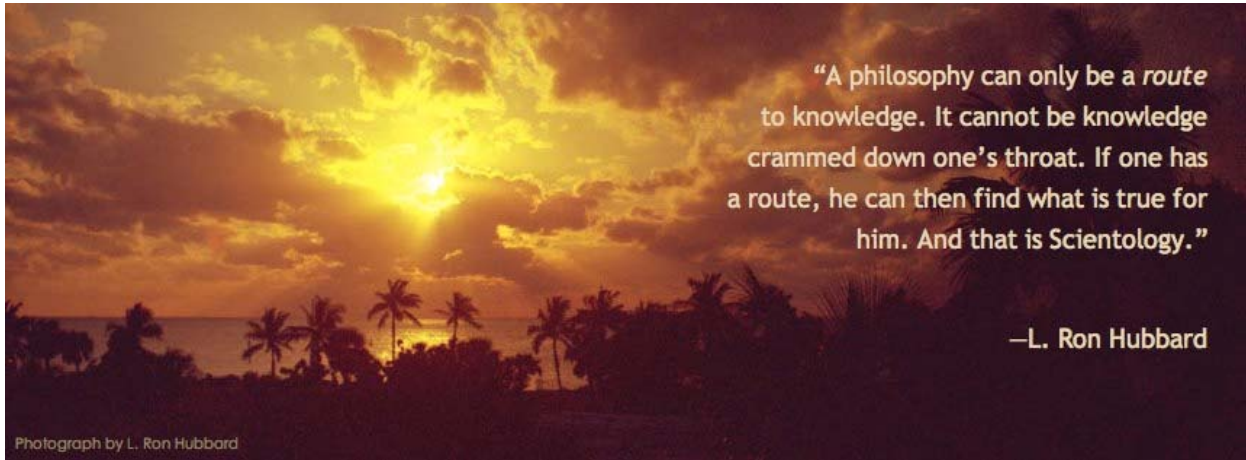
Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



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